

PASMA TRAINING COURSES





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What is PASMA?

A guide to PASMA courses

Prefabricated Access Suppliers' & Manufacturers' Association Ltd (PASMA)

PASMA is the recognised focus and authority for mobile access towers. Governing the industry standard training scheme, PASMA training teaches the safe use and inspection of prefabricated scaffold systems as required by the Work at Height Regulations. For many, the PASMA certificate and ID card are the only acceptable proof of competence.

- Learn to use towers safely
- Instructors are subject-matter experts
- In-depth theoretical knowledge
- Gain practical experience with towers
- Work safely at height

PASMA Photocard

When you successfully complete both the theory and practical elements of a PASMA course, you'll receive a PASMA PhotoCard and Certificate.

This will open doors to jobs in all sorts of industries, so be sure to highlight it to potential employers.

Who needs PASMA training?

You should be PASMA trained if any of these apply to you:

- You use scaffold towers or low-level access equipment at work; or
- You manage people who use scaffold towers or low-level access equipment at work; or
- You use scaffold towers or low-level access equipment at home

There's a range of different PASMA training courses available, but you'll only need to take the courses that are relevant to your role and the types of equipment you use.

Work at Height (Novice) Essentials

- Get up to speed on the basics of height safety
- Duties under the Work at Height Regulations
- Learn what access equipment is available
- Covers the whole range of access equipment, not just mobile access towers
- No practical work, all classroom-based theory

Low Level Access

- Often called podiums, pulpits, room scaffolds or podium steps
- Provide a stable platform for someone carrying out tasks at heights of under 2.5 metres
- Generally lightweight and easy to manoeuvre
- Fold away for easy storage or transportation
- Collective fall prevention built in

Mobile Access Towers

- Straight up and down, single bay structures with four legs and wheels
- Can reach heights of 8m outdoors and 12m indoors
- Lightweight structures
- Can be assembled and dismantled quickly and easily
- Collective fall prevention in place throughout

Towers for Managers

- Ensure your workers have chosen the right tower, built a stable structure and aren't going to fall off
- Meet all your legal obligations
- Identify different tower types
- Support your teams better on site
- No practical work, all classroom-based theory

Advanced Configurations

Learning to work safely with advanced standard configurations means you can use towers on more challenging sites, overcome obstacles and create larger platforms. There's a dedicated course for each standard tower configuration. They each last one day and you can do them in any order.

- Towers on Stairways
- Cantilever Towers
- Towers with Bridges
- Linked Towers



PASMA Mobile App & Towersure App

Ways to Train

PASMA Mobile App

Available to download for free, the PASMA mobile App provides a huge range of practical information that can be used on a day-to-day basis to support safety, enhance competency and speed and simplify the whole process of information gathering.

The PASMA mobile App is already being heralded as a landmark development in the mobile access tower sector. It's an example of the Association embracing the latest technology to deliver the help users need when it's needed most - instantly, on site, at the touch of a screen.

Invaluable access to manufacturers' instruction manuals.

- Chance to check for information in the PASMA Code of Practice.
- An easy and fast route to finding PASMA training centres and hirers.
- Keep on top of the latest news and developments.
- Upload tower images.

Available on iOS & Android

PASMA Towersure App

- Step-by-step guidance from PASMA as you inspect towers
- Follow checklists tailored to the tower you are building
- Never forget a re-inspection get handy reminders!
- Create and update tower inspection records electronically
- Keep a record of all the towers you've built to demonstrate experience
- Keep your PASMA card on your phone for competency checks
- Help advance tower safety by sharing data with PASMA's researchers
- Works with all brands and configuration of tower

Available on iOS & Android





At a Sunbelt Rentals Training Centre:

Courses can be undertaken at one of our centres which offer excellent learning conditions with fully equipped rooms in comfortable surroundings.

With national coverage these centres can accommodate both individual or group bookings and are ideal for specialist training courses such as PASMA.

On-site Training:

Some courses can be delivered at your premises, reducing travel expenses and colleague downtime. Please refer to the following section for on-site requirements.

Remote Learning:

Remote Learning courses are delivered via virtual classrooms, with the trainer teaching the course live through a webcam*.

This enables two-way communication, ensuring the course is interactive, giving delegates the opportunity to ask guestions. This method has been created to allow delegates with busy schedules, who may not have time to attend a course at one of our centres, to gain the skills they require without having to sacrifice training standards or experience.

*not available for all PASMA courses.





PASMA On-site Requirements

Unless specifically requested all training courses conducted at a customer's own site are done so using the customer's own equipment. See additional pages for equipment specification.

Mandatory Requirements

Action		Yes	Additional Information
1	Trainer I.D: Are any of the following required for on-site access?		
	Passport D/License Site Card Other (please specify)		
2	Site induction: Completed prior to training including First Aid provision & Emergency Fire procedures (confirm if trainer is required to carry this out).		
	Are there any site specific requirements the trainer must be aware of?		
3	Risk assessment and method statement: As required will need to be carried out prior to the course date.		
4	PPE: To be supplied to ALL delegates on site: <i>Hard Hat. Hi-vis Jacket. Safety Boots. Warm clothing. Gloves.</i>		
	Please state any additional trainer PPE requirements.		
5	Parking: Is parking available on-site for the trainer? If not please state the location of the nearest car park or parking facility.		

Facilities

Action		Yes	Additional Information
1	Is the training room $15m^2$ or $2.5m^2$ per person, whichever is greater and for the exclusive use of the delegates? <i>E.g.</i> 5m (length) x 3m (width)		
2	Is there adequate seating and desk space for each candidate?		
3	Is there a separate table for trainer and projector, laptop and screen or wall suitable for projection and 240 volt power supply?		
4	Adequate welfare facilities - toilets, canteen, refreshments?		

Practical Training Area

Action		Yes	Additional Information
1	Training area: The area must be for the exclusive use of training cordoned off from pedestrian / vehicular traffic with suitable control measures, be free of obstacles, debris and overhead hazards and be in a fit state for normal operations.		
2	Assessment: The training area must be available for the time required to complete the practical assessments without interruption or disturbance.		
3	Practical Assessment: If weather is inclement (i.e. exceeding a wind speed of 17mph, excessive rain/snow/frost etc.) a suitable indoor area must be available with minimum 6.2 metre headroom.		

Equipment

Action		Yes	Additional Information
1	PASMA Tower for User: Must conform to current BSEN 1004 standard.		
	PASMA Tower Low Level: Must conform to current BSEN 8620 standard		
	PASMA Tower Combination Course: Must conform to current BSEN 1004 and BSEN 8620 standards		
	NOTE: Minimum equipment requirements are outlined below:		
2	Condition: The tower needs to have been checked by a competent person to ensure it is in a serviceable and fit condition		
3	Control measures: Tower must be for the sole use of training with current manufacturer's instruction manual available for all towers in use		
4	Additional PPE Requirements: Hard hat with chin strap, suitable gloves		

Equipment Types



		YES
1: Tower Make & Model :	Instruction Manual	
2: Tower Make & Model :	Instruction Manual	
3: Tower Make & Model :	Instruction Manual	
4: Tower Make & Model :	Instruction Manual	

Further Information:

*Towers supplied for training can be either single or double width towers.

*3T towers with additional compatible components to assemble an AGR tower will also be acceptable for User & Combination courses.

*All notes above are subject to a dynamic site risk assessment carried out by the trainer with particular reference to the ground conditions and practical training area. Whilst we endeavour to work with sites to ensure that training is carried out, if the area of operations is deemed unsuitable by the trainer then we cannot be held responsible for the cancellation /postponement of the event at the customer's cost.

Requirements:

PASMA User: Towers 1 & 2 PASMA Low Level: Towers 3 & 4 PASMA Combination: Towers 1, 2 3 & 4



PASMA Work at Height (Novice)



Aims & Objectives

PASMA's Work at Height (Novice) course provides candidates with the knowledge on the basics of height safety, the access equipment available, complying with the Work at Height Regulations and what training and guidance is available for working at height.

Agenda

- Law, regulations, guidance and good practice relating to work at height
- An employee's responsibilities
- What guidance and training is available
- Risk assessments
- Emergency and rescue planning
- Inspecting equipment

Candidate Information

This course is suitable for any candidate who is involved in work at height, particularly those who are new to working at height and is an entry level course.

No qualifications or experience are required for this course.

Certification & Grants

A PASMA Photocard valid for 5 years will be issued to successful candidates at the level they attend. If required, a hard copy certificate can be requested at an additional cost.

Companies who are CITB registered and meet their grant scheme eligibility requirements may be able to claim for a short course duration grant. Please contact us for further information.

- Where to find crucial safety information
- Different types of access equipment
- Selecting appropriate access equipment
- Personal Protection Equipment
- Working on roofs
- Fragile surfaces
- Fall protection

PASMA Low Level Access

Aims & Objectives

PASMA Low Level Access will equip you with the specialist knowledge you need to work safely with any low level work platforms under 2.5 metres. Using a combination of theory and practical work, this course will leave you feeling confident that you're working safely at low level heights.

Agenda

- Work at height responsibilities of employees, employees and suppliers
- Standards affecting the manufacture and use of low level access equipment
- Where to find crucial safety information
- When it's safe to use low level access equipment, and when it's not
- Carrying out pre-use checks and post-assembly inspections on low level access equipment
- The components used in low level access equipment

- Assembling and dismantling low level access equipment, including the 3T method
- Good practices for the safe use of low level access equipment
- Accessing a platform safely
- Moving low level access equipment
- Identifying hazards in the work environment
- Avoiding personal health hazards
- Candidates must pass the theory test before undertaking the practical element of the course

Candidate Information

No formal gualifications or experience are necessary, but it would be beneficial if candidates had a basic understanding of work at height issues.

This course is suitable for all candidates who work from low level access platforms with a maximum platform height no greater than 2.5m.

Since the safe use of mobile access towers requires that you consult safety notices and read and thoroughly understand the manufacturer's instruction manual, literacy and language comprehension are important requirements for any tower user.

Similarly, since the assembly and use of mobile access towers can be physically demanding, users should be physically fit and in good health, and should generally, not have problems with eyesight or hearing, heart disease, high blood pressure, epilepsy, fear of heights, vertigo, giddiness, difficulty with balance, impaired limb function, alcohol or drug dependence, including prescribed drugs or psychiatric illness.

Certification & Grants

A PASMA Photocard valid for 5 years will be issued to successful candidates who complete both theory and practical assessment sessions at the level they attend. If required, a hard copy certificate can be requested at an additional cost.

Companies who are CITB registered and meet their grant scheme eligibility requirements may be able to claim for a short course duration grant. Please contact us for further information.



PASMA Towers for Users

Aims & Objectives

PASMA Towers for Users will equip you with the specialist knowledge you need to work safely with mobile access towers and the knowledge to safely assemble, use, dismantle, alter and move and inspect mobile access towers. Once completed candidates become eligible for more advanced courses which cover different tower configurations, like Linked Towers, Towers on Stairways, Cantilever Towers, Towers with Bridges and Large Deck Towers

Agenda

- Work at height responsibilities of employers, employees and suppliers
- Standards affecting the manufacture and use of mobile access towers
- Where to find crucial safety information
- When it's safe to use a mobile access tower, and when it's not
- Carrying out pre-use checks and post-assembly inspections on mobile access towers

Candidates must pass the theory test before undertaking the practical element of the course.

Candidate Information

No formal qualifications or experience are necessary, but it would be beneficial if candidates had a basic understanding of work at height issues.

This course is suitable for all candidates who are responsible for the assembly, use, dismantling, alteration, moving and inspecting of mobile access towers.

Since the safe use of mobile access towers requires that you consult safety notices and read and thoroughly understand the manufacturer's instruction manual, literacy and language comprehension are important requirements for any tower user.

Similarly, since the assembly and use of mobile access towers can be physically demanding, users should be physically fit and in good health, and should generally, not have problems with eyesight or hearing, heart disease, high blood pressure, epilepsy, fear of heights, vertigo, giddiness, difficulty with balance, impaired limb function, alcohol or drug dependence, including prescribed drugs or psychiatric illness.

Certification & Grants

A PASMA Photocard valid for 5 years will be issued to successful candidates who complete both theory and practical assessment sessions at the level they attend.

If required, a hard copy certificate can be requested at an additional cost.

Companies who are CITB registered and meet their grant scheme eligibility requirements may be able to claim for a short course duration grant. Please contact us for further information.



- Assembling and dismantling a mobile access tower using approved methods
- Good practices for the safe use of mobile access towers
- Accessing a platform safely
- Moving a mobile access tower
- The components used in a mobile access tower
- Identifying hazards in the work environment
- Avoiding personal health hazards



PASMA Combined Low Level Access and Towers for Users

PASMA Towers for Managers

Aims & Objectives

PASMA Combined Low-Level Access and Towers for Users will equip you with the specialist knowledge you need to work safely with mobile access towers and low-level access equipment such as podiums.

Once completed candidates become eligible for more advanced courses which cover different tower configurations, like Linked Towers, Towers on Stairways, Cantilever Towers, Towers with Bridges and Large Deck Towers.

Agenda

- Work at height responsibilities of employers, employees and suppliers
- Standards affecting the manufacture and use of mobile access towers and low level access equipment
- Where to find crucial safety information
- When it's safe to use mobile access towers and low level access equipment, and when it's not
- Carrying out pre-use checks and post-assembly inspections on mobile access towers and low level access equipment
- Accessing a platform safely

The components used in mobile access towers and low level access equipment

- Assembling and dismantling mobile access towers and low level access equipment using approved methods
- Good practices for the safe use of mobile access towers and low level access equipment
- Moving mobile access towers and low level access equipment
- Identifying hazards in the work environment
- Avoiding personal health hazards

Candidate Information

No formal gualifications or experience are necessary, but it would be beneficial if candidates had a basic understanding of work at height issues.

This course is suitable for all candidates who are responsible for the assembly, use, dismantling, alteration, moving and inspecting of mobile access towers as well candidates who work from low level access platforms with a maximum platform height no greater than 2.5m.

Since the safe use of mobile access towers requires that you consult safety notices and read and thoroughly understand the manufacturer's instruction manual, literacy and language comprehension are important requirements for any tower user.

Similarly, since the assembly and use of mobile access towers can be physically demanding, users should be physically fit and in good health, and should generally, not have problems with eyesight or hearing, heart disease, high blood pressure, epilepsy, fear of heights, vertigo, giddiness, difficulty with balance, impaired limb function, alcohol or drug dependence, including prescribed drugs or psychiatric illness.

Certification & Grants

A PASMA Photocard valid for 5 years will be issued to successful candidates who complete both theory and practical assessment sessions at the level they attend. If required, a hard copy certificate can be requested at an additional cost.

Companies who are CITB registered and meet their grant scheme eligibility requirements may be able to claim for a short course duration grant. Please contact us for further information.

Aims & Objectives

PASMA Towers for Managers will equip candidates with the specialist knowledge to keep towers accident-free zones. Through a combination of theory and group exercises, the course teaches you what to look for from the ground - before, during and after work begins. There is no practical work involved in this course; it's all classroom-based theory.

Agenda

- Work at height responsibilities of managers
- Standards affecting the manufacture and use of towers
- Where to find crucial safety information
- When it's safe to use a tower, and when it's not
- Different tower configurations
- Identifying hazards in the work environment
- Risk assessments

Candidate Information

This course is suitable for any candidate who has responsibility for managing people who use mobile access towers, ensuring that work is properly planned and organised, that those involved in carrying out the work competent and that towers are correctly inspected and maintained.

Candidates should have a good working knowledge of the Work at Height Regulations and Health & Safety at Work Act 1974.

Certification & Grants

A PASMA Photocard valid for 5 years will be issued to successful candidates at the level they attend. If required, a hard copy certificate can be requested at an additional cost.

Companies who are CITB registered and meet their grant scheme eligibility requirements may be able to claim for a short course duration grant. Please contact us for further information.

- Rescue plans
- Carrying out pre-use checks and post-assembly inspections on towers
- The components used in a mobile access tower
- Good practices for the safe use of mobile access towers
- Behavioural competencies
- Preventing personal health hazards



PASMA Tower on Stairway for Users

PASMA Cantilever Towers for Users

Aims & Objectives

PASMA Towers on Stairways for Users will equip you with the specialist knowledge you need to work safely with stairway towers.

Using a combination of theory and practical work, this course builds on your existing tower knowledge by introducing new techniques for working on stepped surfaces and new enabling components, such as portal frames and props.

Agenda

- Work at height responsibilities of employers, employees and suppliers
- Standards affecting the manufacture and use of cantilever towers
- Where to find crucial safety information
- When it's safe to use a stairway tower, and when it's not
- Carrying out pre-use checks and post-assembly inspections on stairway towers

- The components used in a stairway tower
- Assembling and dismantling a stairway tower using approved methods
- Good practices for the safe use of stairway towers
- Accessing a platform safely
- Moving a stairway tower
- Identifying hazards in the work environment
- Avoiding personal health hazards

Candidates must pass the theory test before undertaking the practical element of the course.

Candidate Information

Candidates must hold a current PASMA Towers for Users qualification.

This course is suitable for all candidates who are responsible for the assembly, use, dismantling, alteration, moving and inspecting of Stairway tower structures.

Since the safe use of mobile access towers requires that you consult safety notices and read and thoroughly understand the manufacturer's instruction manual, literacy and language comprehension are important requirements for any tower user.

Similarly, since the assembly and use of mobile access towers can be physically demanding, users should be physically fit and in good health, and should generally, not have problems with eyesight or hearing, heart disease, high blood pressure, epilepsy, fear of heights, vertigo, giddiness, difficulty with balance, impaired limb function, alcohol or drug dependence, including prescribed drugs or psychiatric illness.

Certification & Grants

A PASMA Photocard valid for 5 years will be issued to successful candidates who complete both theory and practical assessment sessions at the level they attend. If required, a hard copy certificate can be requested at an additional cost.

Companies who are CITB registered and meet their grant scheme eligibility requirements may be able to claim for a short course duration grant. Please contact us for further information.



Aims & Objectives

PASMA Cantilever Towers for Users will equip you with the specialist knowledge you need to work safely with cantilever towers. Using a combination of theory and practical work, this course builds on your existing tower knowledge (candidates must hold a current PASMA Towers for Users card) by introducing new techniques, such as the use of ballast to balance the tower. You'll also be introduced to new enabling components, such as cantilever frames and frame links. Plus, you'll learn about the different safe working load capabilities of this type of tower.

Agenda

- Work at height responsibilities of employers, employees and suppliers
- Standards affecting the manufacture and use of cantilever towers
- Where to find crucial safety information
- When it's safe to use a cantilever tower, and when it's not
- Carrying out pre-use checks and post-assembly inspections on cantilever towers

Candidates must pass the theory test before undertaking the practical element of the course.

Candidate Information

Candidates must hold a current PASMA Towers for Users gualification.

This course is suitable for all candidates who are responsible for the assembly, use, dismantling, alteration, moving and inspecting of Cantilever tower structures.

Since the safe use of mobile access towers requires that you consult safety notices and read and thoroughly understand the manufacturer's instruction manual, literacy and language comprehension are important requirements for any tower user.

Similarly, since the assembly and use of mobile access towers can be physically demanding, users should be physically fit and in good health, and should generally, not have problems with eyesight or hearing, heart disease, high blood pressure, epilepsy, fear of heights, vertigo, giddiness, difficulty with balance, impaired limb function, alcohol or drug dependence, including prescribed drugs or psychiatric illness.

Certification & Grants

A PASMA Photocard valid for 5 years will be issued to successful candidates who complete both theory and practical assessment sessions at the level they attend. If required, a hard copy certificate can be requested at an additional cost.

Companies who are CITB registered and meet their grant scheme eligibility requirements may be able to claim for a short course duration grant. Please contact us for further information.

- The components used in a cantilever tower
- Assembling and dismantling a cantilever tower using approved methods
- Good practices for the safe use of cantilever towers
- Accessing a platform safely
- Moving a cantilever tower
- Identifying hazards in the work environment
- Avoiding personal health hazards



PASMA Linked Towers for Users

PASMA Towers with Bridge for Users

Aims & Objectives

PASMA Linked Towers for Users will equip you with the specialist knowledge you need to work safely with linked towers. Using a combination of theory and practical work, this course builds on candidate's existing tower knowledge by introducing new techniques for linking towers and new enabling components, such as walk-through or step-through end frames.

The components used in a linked tower

approved methods

Moving a linked tower

Accessing a platform safely

Avoiding personal health hazards

Assembling and dismantling a linked tower using

Good practices for the safe use of linked towers

Identifying hazards in the work environment

Agenda

- Work at height responsibilities of employers, employees and suppliers
- Standards affecting the manufacture and use of linked towers
- Where to find crucial safety information
- When it's safe to use a linked tower, and when it's not
- Carrying out pre-use checks and post-assembly inspections on linked towers

Candidates must pass the theory test before undertaking the practical element of the course.

Candidate Information

Candidates must hold a current PASMA Towers for Users gualification.

This course is suitable for all candidates who are responsible for the assembly, use, dismantling, alteration, moving and inspecting of linked tower scaffolds.

Since the safe use of mobile access towers requires that you consult safety notices and read and thoroughly understand the manufacturer's instruction manual, literacy and language comprehension are important requirements for any tower user.

Similarly, since the assembly and use of mobile access towers can be physically demanding, users should be physically fit and in good health, and should generally, not have problems with eyesight or hearing, heart disease, high blood pressure, epilepsy, fear of heights, vertigo, giddiness, difficulty with balance, impaired limb function, alcohol or drug dependence, including prescribed drugs or psychiatric illness.

Certification & Grants

A PASMA Photocard valid for 5 years will be issued to successful candidates who complete both theory and practical assessment sessions at the level they attend. If required, a hard copy certificate can be requested at an additional cost.

Companies who are CITB registered and meet their grant scheme eligibility requirements may be able to claim for a short course duration grant. Please contact us for further information.



Aims & Objectives

PASMA Towers with Bridges for Users will equip you with the specialist knowledge you need to work safely with towers with bridges. Using a combination of theory and practical work, this course builds on your existing tower knowledge by introducing new techniques for connecting towers and spanning obstacles. Plus, you'll encounter new enabling components, such as bridge beams.

Agenda

- Work at height responsibilities of employers, employees and suppliers
- Standards affecting the manufacture and use of towers with bridges
- Where to find crucial safety information
- When it's safe to use towers with bridges, and when it's not
- Carrying out pre-use checks and post-assembly inspections on towers with bridges

Candidates must pass the theory test before undertaking the practical element of the course.

Candidate Information

Candidates must hold a current PASMA Towers for Users qualification.

This course is suitable for all candidates who are responsible for the assembly, use, dismantling, alteration, moving and inspecting of linked tower scaffolds.

Since the safe use of mobile access towers requires that you consult safety notices and read and thoroughly understand the manufacturer's instruction manual, literacy and language comprehension are important requirements for any tower user.

Similarly, since the assembly and use of mobile access towers can be physically demanding, users should be physically fit and in good health, and should generally, not have problems with eyesight or hearing, heart disease, high blood pressure, epilepsy, fear of heights, vertigo, giddiness, difficulty with balance, impaired limb function, alcohol or drug dependence, including prescribed drugs or psychiatric illness.

Certification & Grants

A PASMA Photocard valid for 5 years will be issued to successful candidates who complete both theory and practical assessment sessions at the level they attend. If required, a hard copy certificate can be requested at an additional cost.

Companies who are CITB registered and meet their grant scheme eligibility requirements may be able to claim for a short course duration grant. Please contact us for further information.

- The components used in towers with bridges
- Assembling and dismantling towers with bridges using approved methods
- Good practices for the safe use of towers with bridges
- Accessing a platform safely
- Moving towers with bridges
- Identifying hazards in the work environment
- Avoiding personal health hazards



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